

# Search

1. Get a restricted list in (2) of food items by searching by food name / descriptions

Search for your food:

OR

Clicking on a listed food type in the list below

- 23 boxes of food categories in a scrollable box  
- Within each category, list of food types

<b>baked products</b> <ul style="list-style-type: none"> <li>bread</li> <li>bagels</li> <li>biscuit breads</li> <li>bread crumbs</li> <li>breadsticks</li> <li>cinnamon raisin bread</li> <li>combread</li> <li>croutons</li> <li>english muffins</li> <li>crumpets</li> </ul>	<b>beans legume products</b> <ul style="list-style-type: none"> <li>baked beans</li> <li>black beans</li> <li>green beans</li> <li>hummus</li> <li>kidney beans</li> <li>lentils</li> <li>lima beans</li> <li>meat substitutes tvps</li> <li>pinto beans</li> </ul>	<b>beef products</b> <ul style="list-style-type: none"> <li>beef</li> <li>beef patties</li> <li>ground beef</li> <li>beef dishes</li> <li>beef brocoli</li> <li>beef meatballs</li> <li>beef stroganoff</li> <li>country fried steak</li> <li>hamburgers</li> <li>meatloaf</li> </ul>	<b>beverages</b> <ul style="list-style-type: none"> <li>budweiser nutrition</li> <li>coors nutrition</li> <li>lite beer</li> <li>miller brewing nutrition</li> <li>mixers cocktails</li> <li>mai tai</li> <li>margarita</li> <li>martini</li> <li>pina colada</li> </ul>
<b>breakfast cereals</b> <ul style="list-style-type: none"> <li>cold cereals</li> <li>apple jacks nutrition</li> <li>bran flakes</li> <li>cheerios nutrition</li> <li>corn flakes</li> <li>fiber one nutrition</li> <li>frosted flakes nutrition</li> <li>fruit loops nutrition</li> <li>golden grahams nutrition</li> </ul>	<b>cereal grains pasta</b> <ul style="list-style-type: none"> <li>breakfast cereals</li> <li>flour</li> <li>corn meal</li> <li>soy flour</li> <li>grains</li> <li>barley</li> <li>buckwheat kasha</li> <li>bulgur</li> <li>polenta</li> </ul>	<b>dairy egg products</b> <ul style="list-style-type: none"> <li>colby jack cheese</li> <li>cottage cheese</li> <li>cream cheese</li> <li>chive onion cream cheese</li> <li>honey nut cream cheese</li> <li>light cream cheese</li> <li>raisin cream cheese</li> <li>strawberry cream cheese</li> </ul>	<b>ethnic foods</b> <ul style="list-style-type: none"> <li>east asian food</li> <li>chinese food</li> <li>japanese food</li> <li>korean food</li> <li>thai food</li> <li>vietnamese food</li> <li>european food</li> <li>austrian food</li> <li>british food</li> <li>french food</li> <li>german food</li> </ul>

2. From the restricted food items, select an item or multiple items. They will appear in the "My preferred food" (3)

This is done by clicking on the item.

**Result**

- Soy Flour
- Soy Flour, Defatted, Crude Protein Basis (N X 6.25)
- Soy Flour, Full-fat Raw
- Soy Flour, Defatted
- Soy Ground Soy
- Soy Flour
- Soy Flour
- Soy Flour, Full-fat, Roasted
- Soy Flour, Low-fat
- Organic Soy Flour
- Soy Flour, Full-fat Raw, Crude Protein Basis (N X 6.25)

**My Preferred Food**

- 1.0 Cereal Blueberry Bars - | Source: Great Value

[Submit](#)

3. Submit for linear optimization once the user is satisfied with the list