Figure 1: Clinical Suspicion of Hospital-Acquired Pneumonia

Patient admitted/intubated for more than 48 hours, with no alternative foci of infection identified, plus at least, two of the following three criteria:*

 Fever (axillary temperature > 37.8 °C) or hypothermia (< 36 °C).
 Leukocytosis (> 12,000) or Leukopenia (<4,000).
 Purulent respiratory secretions.

*If patients have ARDS, only one criteria is sufficient.



Table 1. Clinical Pulmonary Infection Score(CPIS)

Score	Day 0	Day 3	Score
	Temperature, °C	Temperature, °C	
	³ 38.5° - 38.9° = 1 point	38.5° - 38.9° = 1 point	
	°39.0° - 36.0° = 2 points	39.0° - 36.0° = 2 points	
	Blood leucocytes, mm-3	Blood leucocytes, mm-3	
	<4.000 or >11.000 = 1 point	<4.000 or >11.000=1 point	
	50% band forms = add 1 point 50% band forms = add 1 point		

Tracheal secretions Tracheal secretions		
Presence of non-purulent tracheal	Presence of non-purulent tracheal	
secretions = 1 point	secretions = 1 point	
Presence of purulent tracheal	Presence of purulent tracheal	
secretions = 2 points	secretions = 2 points	
Ovuganation: DaO2/EIO2	Ovuganation: DaO2/EIO2	
Oxygenalion. PaOz/FIOz	Oxygenalion. PaOz/FIO2	
>240 or ARDS = 0 point	>240 or ARDS = 0 point	
\leq 240 and no ARDS = 2 points	\leq 240 and no ARDS = 2 points	
Pulmonary radiography	Pulmonary radiography	
No infiltrate = 0 point	No infiltrate = 0 point	
Diffuse or patchy infiltrate = 1 point	Diffuse or patchy infiltrate = 1 point	
Localized infiltrate= 2 points	Localized infiltrate= 2 points	
Microbiological Data	Microbiological Data	
Pathogenic bacterial cultured in rare	Pathogenic bacterial cultured in rare	
or hight quantity or no growth = 0 point	or hight quantity or no growth = 0 point	
Pathogenic bacterial cultured in	Pathogenic bacterial cultured in	
moderate or heavy quantity = 1 point	moderate or heavy quantity = 1 point	
Same pathogenic bacterial seen on Gram stain = add 1 point	Same pathogenic bacterial seen on Gram stain = add 1 point	

Total Day #0 = _____

Total Day #3 = _____

Table 2.

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A. SIRS: 2 or	more of the following variables:		
1.	Fever >38∘C or < 36∘C		
2.	2. Heart rate >90 beats per minute		
3.	Respiratory rate >20 breaths per minute or PaCO2 <32 mm Hg		
4.	Abnormal white blood cell count (>12,000/mm3 or <4,000/ mm3 or >10% bands)		
B. Bacteremia	e: bacteria within the blood stream (does not always lead to SIRS or sepsis)		
C. <u>Sepsis</u> : SI	RS plus a documented or presumed infection.		
D. Severe sep	osis: aforementioned sepsis criteria with associated organ dysfunction, hypoperfusion or hypotension.		
E. Sepsis indu absence of ot	uced hypotension: presence of a systolic BP <90 mmHg or a reduction of > 40 mmHg from baseline in the her causes of hypotension."		
F. Septic shoo	k: Persistent hypotension and perfusion abnormalities despite adequate fluid resuscitation.		
G. Multiorgan maintaining h	dysfunction syndrome: state of physiological derangements in which organ function is not capable of omeostasis.		

<u>Day 0</u>

If a patient meet three out of the four criteria below(the new onset of fever (>38.3) leukocytosis (>12,000 mm3) leukopenia(<4000/mm3) purulent respiratory secretions)

- Cultures of the lower respiratory secretions are immediately taken
- Gram stain is performed (usually takes less than 24 hours to process)

If CPIS(Day 0) score > 6

Following tests are performed

- Initiate broad spectrum of antibiotics treatment
- Cultures of the lower respiratory secretions are immediately taken

• Obtain blood cultures

-CBC, electrolytes, hepatic and renal functions

-Arterial blood gases

-C-reactive protein(CRP) and procalcitonin

• Obtain Pleural fluid cultures

If patient hospital stay <=5 days

• A urinary antigen for Streptococcus pneumoniae is performed

Else

• Legionella urinary antigen is performed

If presence of SIRS(Table 2), and gram stain shows predominant bacterium or intracellular bacteria.

• Administer broad spectrum bacteria (figure 2)

If CPIS(Day 0) <6

If Systemic Inflammatory Response Syndrome(SIRS) is not present && (Gram stain of respiratory system negative || Intracellular Organism <2%)

- Pneumonia is not likely; symptoms normally caused by noninfectious causes
- Patients receive no antibiotics treatment but will be strictly monitored (for how long?)
- Antibiotics can be added if deterioration is observed.

If gram stain is hard to interpret

• Monotherapy is administered : quinolone and carbapenem.

Day 3 Reevaluation

*Meeting one criterion would be count as failure.



Antibiotics Selections



If CPIS>5 || risk factors for MRMO || Mechanical Ventilation > 5 days

• a combination of an anti-pseudomonal beta-lactam antibiotic with the addition of a quinolone or an aminoglycoside

If previous infection of MRSA \parallel Mechanical Ventilation > 5 days

- Empiric therapy for MRSA
- Linezolid sometimes is preferred to vancomycin

If No risk factors of MRMO || Mechanical Ventilation < 5 days

• Ceftriaxone or Levofloxacin

Dosing

Antibiotic	Doses	Interval of administration	Infusion time
Ceftriaxone	1 g	12 hours	1 / 2 - 1 hour†
Levofloxacin	750 mg	12 hours*	1 / 2 hour
Ceftazidime	2 g	8 hours	2 - 3 hours†
Cefepime	2 g	8 hours	2 - 3 hours†
Imipenem	0.5 g	6 hours	1 hourt
Meropenem	0.5 – 1 g	6 hours	2 - 3 hours†
Piperacillin/Tazobactam	4 / 0.5 g	6 hours	2 - 3 hours†
Ciprofloxacin	400 mg	8 hours	1 / 2 hour
Amikacin	15 mg / Kg	24 hours **	1 / 2 - 1 hour
Vancomycin	1 g	8-12 hours***	1- 3 hours*
Linezolid	600 mg	12 hours	1 hour

*Administer this dose for 3 days and after continue with 500 mg / 24 hours

**Adjust the dosage according to PK / PD parameters

***Initiate this dose with 24 hours, measure trough blood levels prior to the following dosage and adjust the levels according to values.

+For beta-lactam agents and vancomycin, continuous infusion should be considered.

References

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